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ABSTRACT OF THE DISCLOSURE

A waterproofed and vapor-permeable sole for shoes, comprising a tread which is made of leather or similar material and is at least partially covered in an upward region by a membrane made of a material which is permeable to vapor and impermeable to water and is sealed in its peripheral regions with respect to the tread. The tread has through holes in which inserts made of plastic material such as rubber or the like are assembled hermetically, the inserts in turn having through holes.